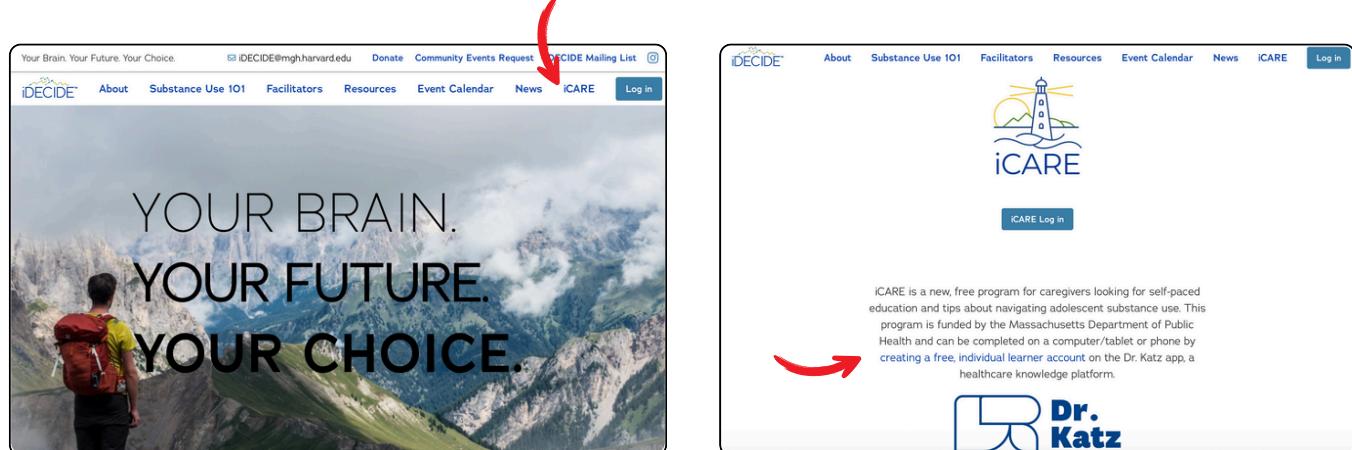


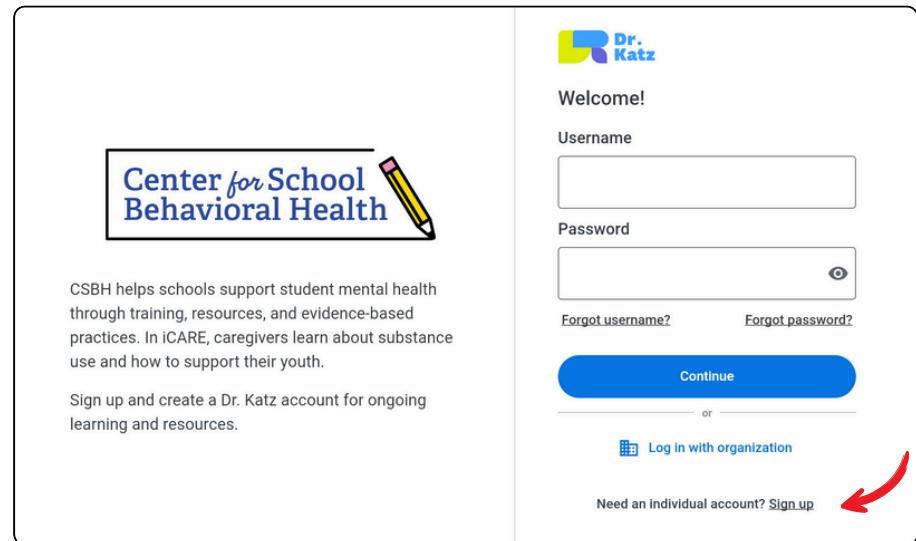
Create Account

1 Go to iCARE (idecidemyfuture.org/icare) and click on the link to create a free, individual learner account on the Dr. Katz app.

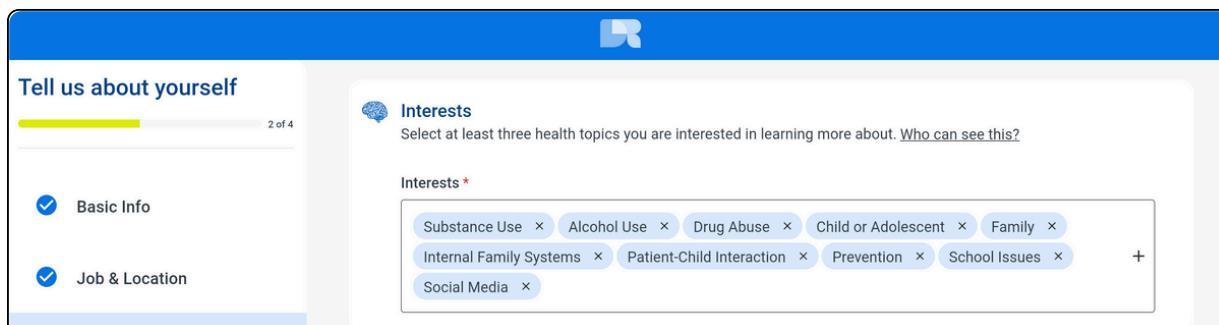


2 **Sign up** for an individual account. Check your email to confirm.

Pro Tip! Bookmark this page
mydrkatz.com/#/login/csbh



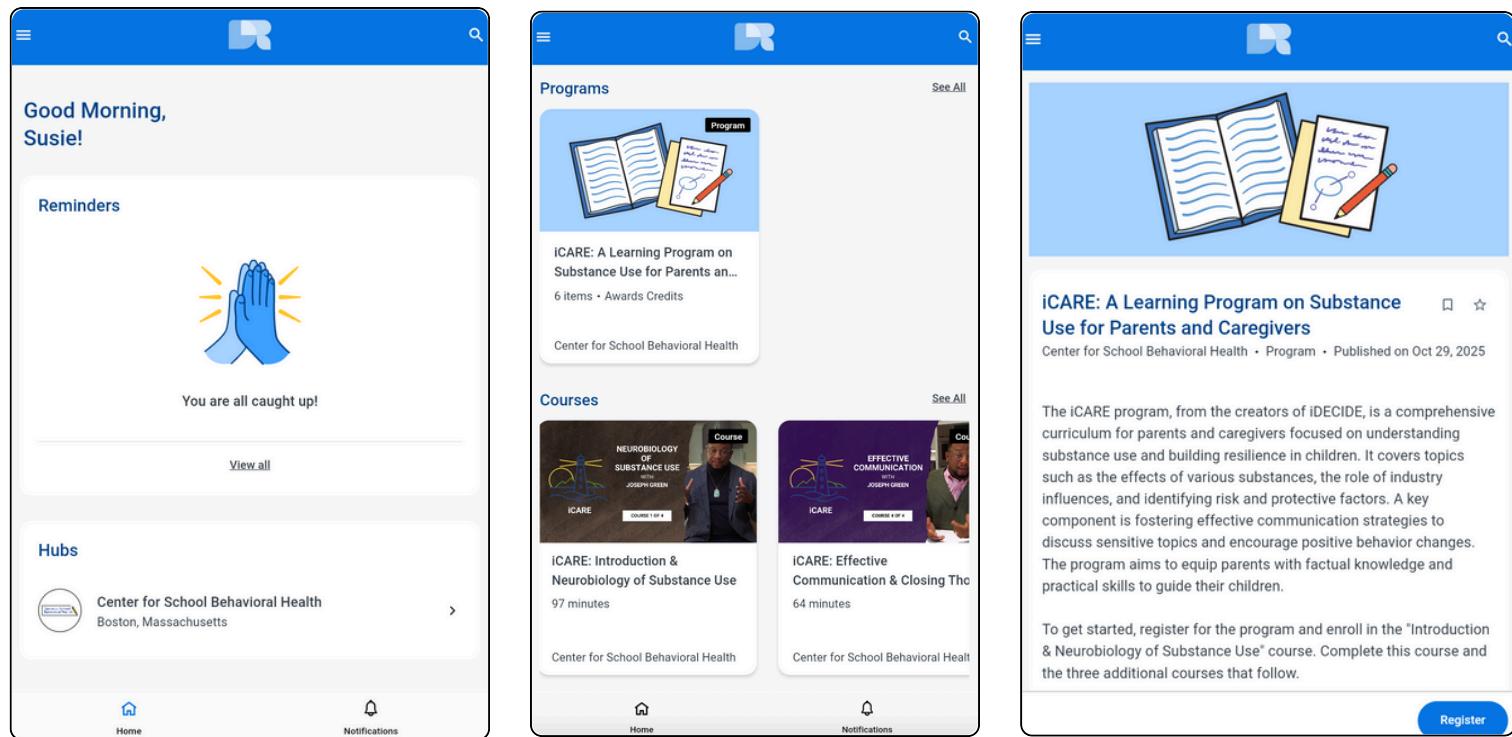
3 Create your profile in just a minute. **Select topics** that interest you in order to receive a more personalized app experience.



Register for iCARE

4

Access **iCARE: A Learning Program** by visiting the Center for School Behavioral Health hub. **Register** for the program.



Good Morning, Susie!

Reminders

You are all caught up!

View all

Hubs

Center for School Behavioral Health
Boston, Massachusetts

Home Notifications

Programs

iCARE: A Learning Program on Substance Use for Parents and Caregivers

6 items • Awards Credits

Center for School Behavioral Health

See All

Courses

NEUROBIOLOGY OF SUBSTANCE USE
JOSEPH GREEN

iCARE: Introduction & Neurobiology of Substance Use
97 minutes

Center for School Behavioral Health

EFFECTIVE COMMUNICATION
JOSEPH GREEN

iCARE: Effective Communication & Closing The Gap
64 minutes

Center for School Behavioral Health

See All

iCARE: A Learning Program on Substance Use for Parents and Caregivers

Center for School Behavioral Health • Program • Published on Oct 29, 2025

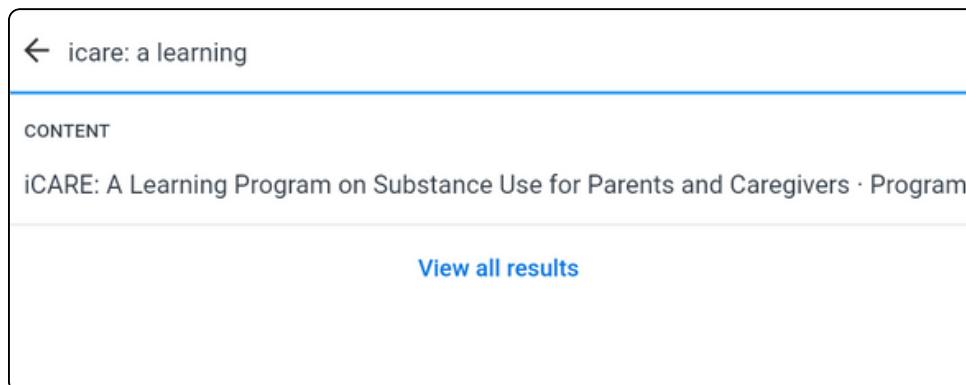
The iCARE program, from the creators of iDECIDE, is a comprehensive curriculum for parents and caregivers focused on understanding substance use and building resilience in children. It covers topics such as the effects of various substances, the role of industry influences, and identifying risk and protective factors. A key component is fostering effective communication strategies to discuss sensitive topics and encourage positive behavior changes. The program aims to equip parents with factual knowledge and practical skills to guide their children.

To get started, register for the program and enroll in the "Introduction & Neurobiology of Substance Use" course. Complete this course and the three additional courses that follow.

Register



Search "iCARE: A Learning Program"



← icare: a learning

CONTENT

iCARE: A Learning Program on Substance Use for Parents and Caregivers • Program

[View all results](#)



Enroll in Courses. Dive In!

5 Click on the iCARE program to register.

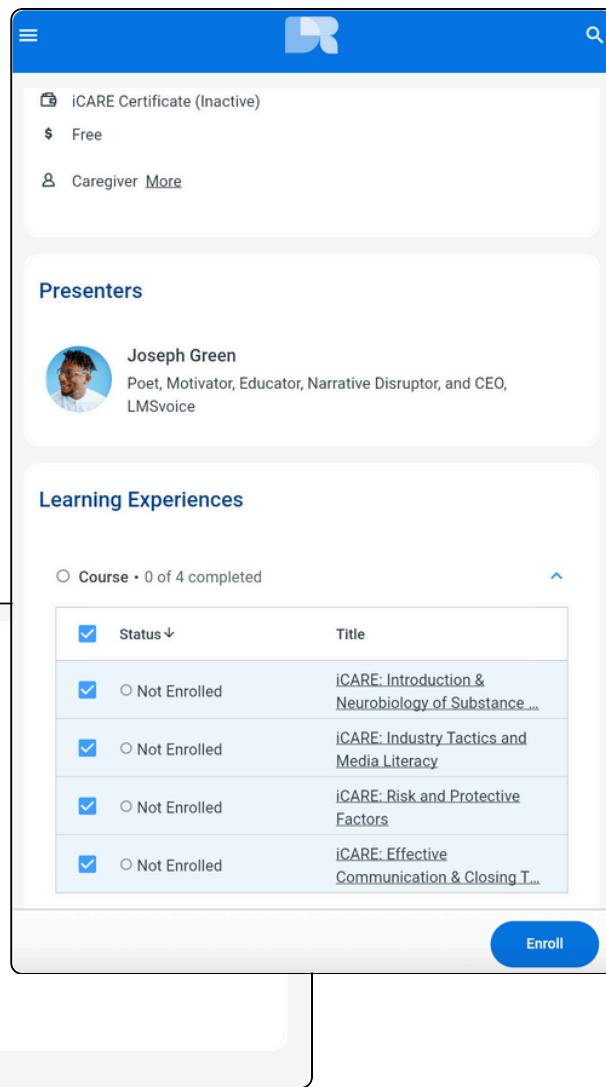


Enroll in courses one at a time, or all at once!

A red arrow points from the text "Enroll in courses one at a time, or all at once!" to the "Enroll now" button on the registration page.

Congratulations!
You have registered for the program

Enroll now



iCARE Certificate (Inactive)
\$ Free
Caregiver [More](#)

Presenters

 **Joseph Green**
Poet, Motivator, Educator, Narrative Disruptor, and CEO, LMSvoice

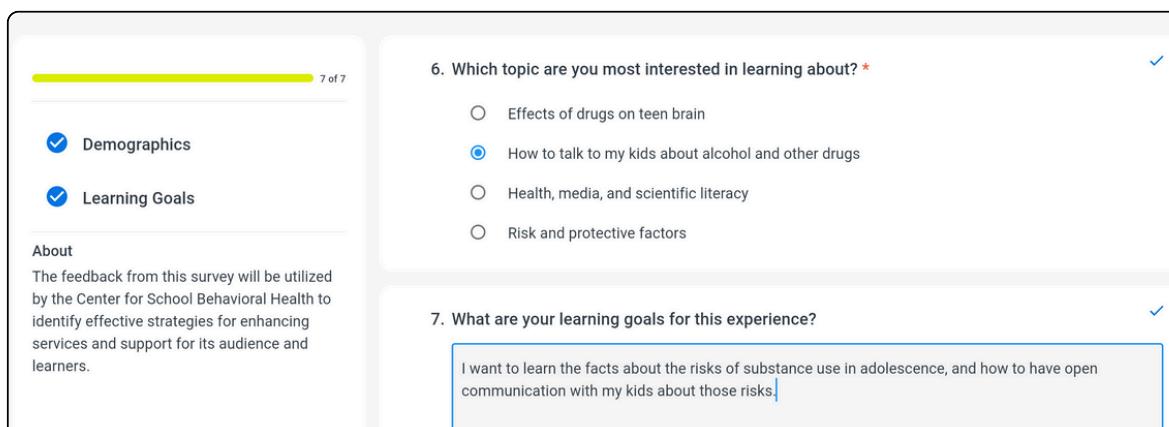
Learning Experiences

Course • 0 of 4 completed

<input checked="" type="checkbox"/> Status ↓	Title
<input checked="" type="checkbox"/> Not Enrolled	iCARE: Introduction & Neurobiology of Substance Use
<input checked="" type="checkbox"/> Not Enrolled	iCARE: Industry Tactics and Media Literacy
<input checked="" type="checkbox"/> Not Enrolled	iCARE: Risk and Protective Factors
<input checked="" type="checkbox"/> Not Enrolled	iCARE: Effective Communication & Closing The Loop

Enroll

6 Complete the **Getting to Know You** questionnaire in the first course "Introduction and Neurobiology of Substance Use."



7 of 7

Demographics

Learning Goals

About
The feedback from this survey will be utilized by the Center for School Behavioral Health to identify effective strategies for enhancing services and support for its audience and learners.

6. Which topic are you most interested in learning about? *

Effects of drugs on teen brain

How to talk to my kids about alcohol and other drugs

Health, media, and scientific literacy

Risk and protective factors

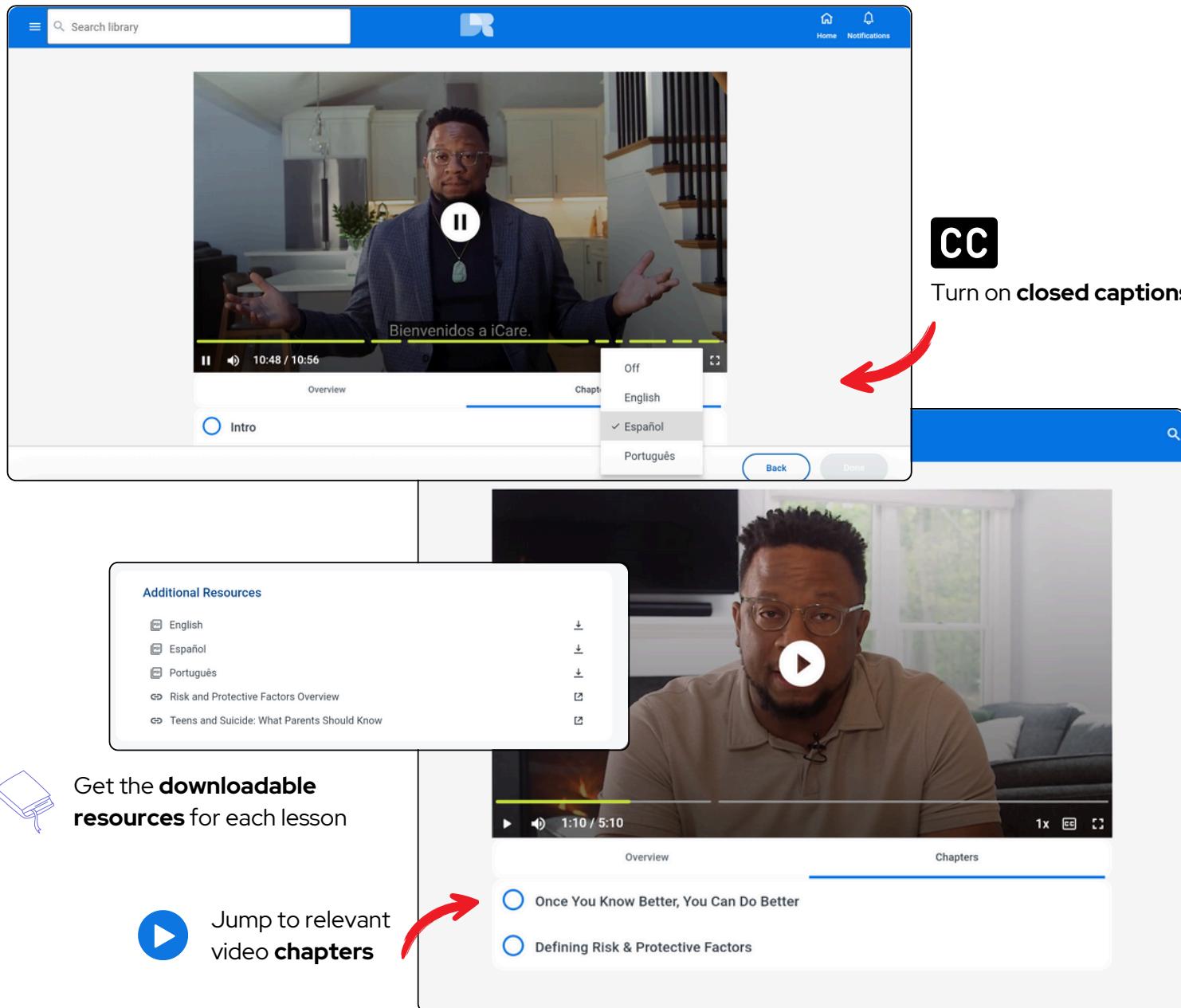
7. What are your learning goals for this experience? *

I want to learn the facts about the risks of substance use in adolescence, and how to have open communication with my kids about those risks.

Make the Most of Your Learning

7

When you get to the end of each video lesson, press **Done** to continue.



CC Turn on **closed captions**

Get the **downloadable resources** for each lesson

Jump to relevant video **chapters**

Additional Resources

- English
- Español
- Português
- Risk and Protective Factors Overview
- Teens and Suicide: What Parents Should Know

1. How likely are you to recommend this course to a friend or peer? *

2. How confident do you feel in applying what you learned? *

4 of 7

About

Thank you for participating in this learning experience. Your feedback is valuable and will be used by the Center for School Behavioral Health to assess and improve offerings for future caregivers and learners.

3. How likely are you to recommend this course to a friend or peer? *

4. How confident do you feel in applying what you learned? *



At the end of the program, please leave **feedback!**

Download the App

8

Search **Dr. Katz** in the App Store or Google Play store. Download and use your username and password to log in.

Scan to download the app

