

¡JUNTOS CRECEMOS!



THRIVE PROGRAM

Empowering students and families through education, community & belonging.

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WHAT IS THE THRIVE PROGRAM?

The Thrive Program is a supportive space for multilingual and immigrant students and families, celebrating cultural pride and leadership. We provide bilingual support in both English and Spanish to ensure every voice is heard and valued.

Our program builds leadership, confidence, and community among students. We encourage embracing cultural identity and native language as sources of strength and pride.

Through meaningful connections and culturally responsive support, the THRIVE Program creates a welcoming and inclusive environment where students build confidence, strengthen their sense of belonging, and grow as empowered, future leaders.

The program also provides mental health support, equipping students with the knowledge, coping strategies, and self-awareness needed to navigate challenges and thrive both in and beyond the classroom.

EMPOWERMENT THROUGH EDUCATION

Education is the foundation of empowerment. Through the Thrive Program, students develop essential skills that prepare them for success. By embracing their cultural identity and native language, they build the confidence needed to lead and inspire others in their communities.



Leadership Development

Students learn to take initiative, guide their peers, and become role models in their schools and communities, building skills that last a lifetime.



Confidence & Self-Assurance:

Through supportive mentorship and cultural celebration, students gain belief in themselves and their abilities to achieve their dreams.

Language Pride & Belonging

Valuing and speaking their native language strengthens cultural identity and creates a sense of inclusion and connection within the community.



MENTAL HEALTH SUPPORT

Some of our sessions, provide students with actionable coping strategies to improve emotional regulation. This includes guided meditation, yoga-based movement, and culturally responsive mindfulness techniques designed to help students manage stress in real-time.

We aim to build a strong sense of community which fosters feelings of belonging and creates a welcoming environment where students feel safe, valued, and supported—positively impacting their mental health.



STUDENT VOICES

“He aprendido muchas cosas y me ha ayudado a mejorar mi vocabulario. Me ha ayudado a ser feliz y a aprender cosas nuevas.”

- **“I’ve learned a lot of things and it helped me improve my vocabulary. It has helped me be happy and has helped me learn new things.”**

“Porque es divertido y ofrecen mucha orientación.”

- **“Because its fun and they offer a lot of guidance”**

“Para mantenernos informados sobre nuestro futuro y aprender más para no sentirnos perdidos.”

- **“To stay informed about our future and to learn more so that we aren’t lost.”**

“Ayuda a los estudiantes a aprender más.”

- **“It helps students learn more”**

“Nos ayuda a estar en un espacio seguro y tranquilo.”

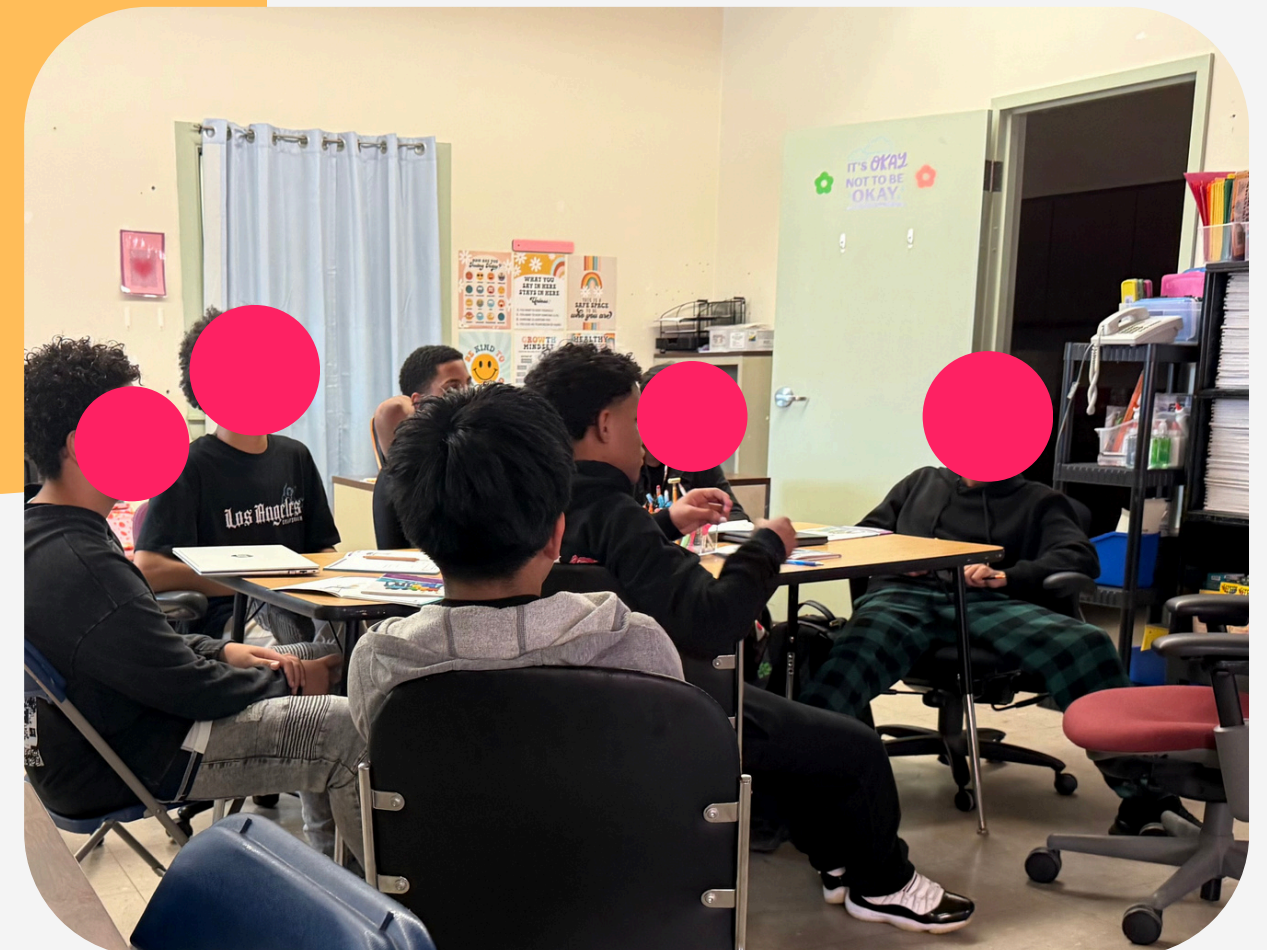
- **“It helps us be in a safe and peaceful space.”**

“Es útil para relacionarnos con nuestros amigos y conectar con nuestros maestros. Antes de unirme al programa me sentía solo

- **“It’s helpful to engage with our friends and connect with our teachers. Before joining the program I felt alone.”**

“Como estudiante nueva, me ayudó a sentirme menos estresada”

- **“As a new student, it helped me feel less stressed.”**



FAMILY ENGAGEMENT



Family is at the heart of Latinx and Caribbean culture. The Thrive Program recognizes this by providing targeted supports for parents and caregivers, creating meaningful connections between home and school. Through bilingual resources and family-centered programming, we ensure that every family member feels welcomed, valued, and empowered to participate in their student's educational journey.



We create spaces where families can share their stories, traditions, and wisdom while building lasting bonds with other families in our community.



FAMILY ENGAGEMENT

Parent Workshops

- **Mental Health Support Workshop** to help parents identify how emotional well-being directly impacts educational performance and provide them with the tools to support their child's mental health.
- **Access to Information Workshops** to ensure all families are aware of available community resources and have the necessary literacy to navigate school and local systems effectively.
- **Community Preparedness and Resource Awareness** to provide families with essential information on local resource and guidance on how to navigate community support systems safely and effectively.

Highlights from Parent Workshop Surveys

- **78%** of families surveyed identified ELL parent classes as the top area of interest
- **60%** of the families wanted support in understanding school policies and grading systems
- **60%** of the parents surveyed also wanted in understanding standardized testing (MCAS, iready).
- **100%** of families surveyed felt that having diverse staff is important
- **100%** of parents surveyed trust the staff to support their children's needs



IMPACT HIGHLIGHTS

The Thrive Program has made a meaningful difference in students' lives. Survey results show powerful outcomes that demonstrate the program's positive impact on wellbeing and future readiness.

Key statistics from student surveys:

-  **96% Reduced Stress:** Students report feeling less stressed and more supported through their participation in the Thrive Club community.
 -  **100% Connected to Staff:** Every student surveyed feels more connected to school staff, building trusted relationships.
 -  **100% Confident About Future:** All 8th graders express confidence in planning their education and career paths ahead.
 -  **89% Education-Career Link:** Students understand the important connection between their education and future career opportunities.
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MORE IMPACT

The Thrive Program continues to demonstrate remarkable outcomes for our students. These statistics reflect the lasting impact of cultural connection and community support.

Key achievements to celebrate:

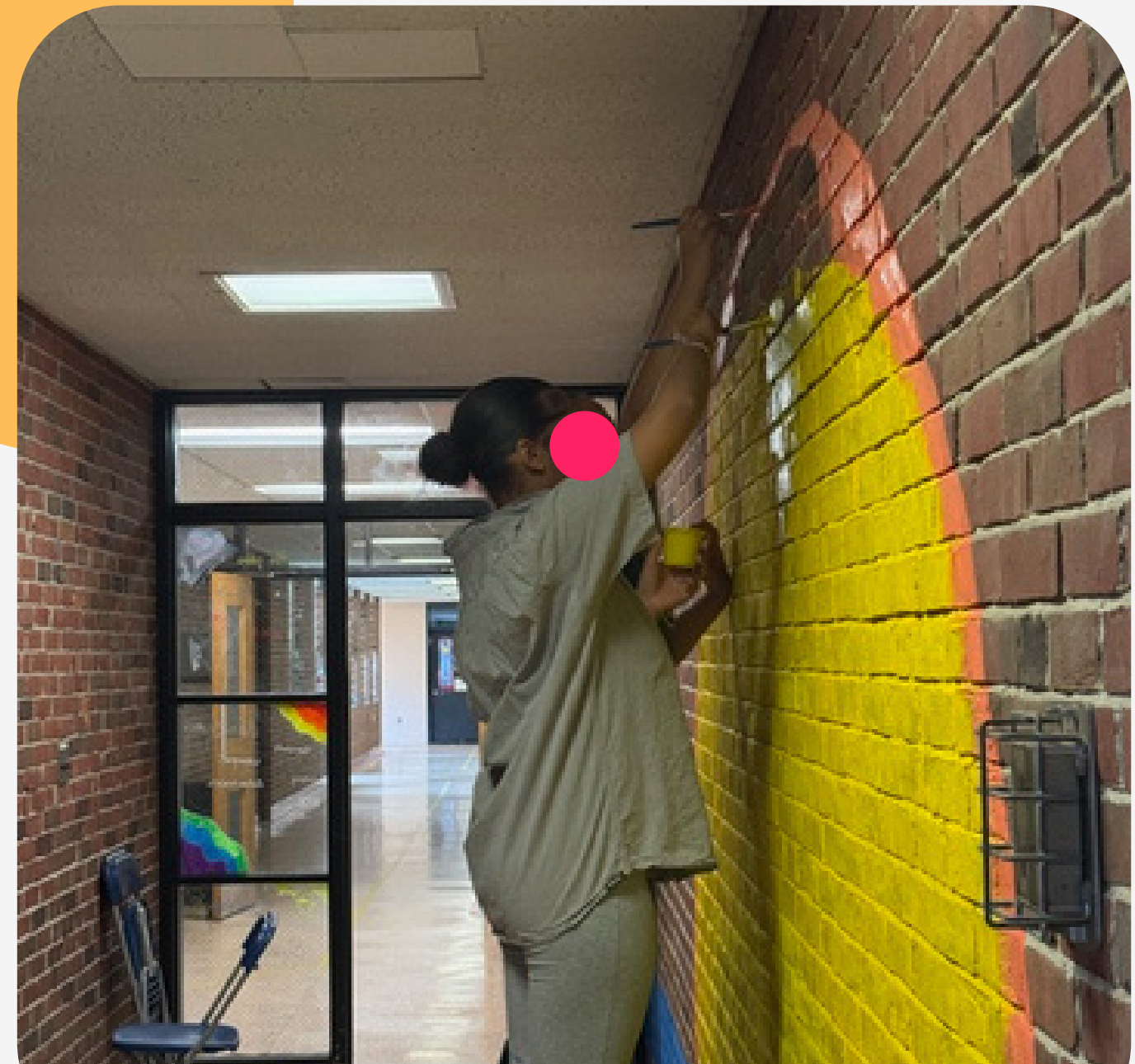
- ➔ **High School Ready:**
79% of students feel prepared and confident for the transition to high school.
- ➔ **Program Loyalty:**
92.86% of members would rejoin the Thrive Club – a testament to its positive impact.
- ➔ **Reduction in Absenteeism**
 - Grade 6: 5% → 2%
 - Grade 7: 5% → 2%
 - Grade 8: 3% → 1.5%
- ➔ **Lasting Bonds:**
Community connections that extend beyond the classroom into families and neighborhoods.



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Thrive empowers students to build lasting foundations for success. By nurturing cultural pride, leadership skills, and meaningful connections, students carry these strengths into school and beyond. We encourage every student to continue embracing their heritage, developing their voice, and supporting one another while grasping opportunities that will lead to a more equitable life. Together, we create pathways to brighter futures filled with confidence and community.

Unidos en nuestra diversidad, celebramos las raíces que nos conectan y el futuro brillante que construimos juntos. ¡Adelante!



THRIVE CLUB



**¡GRACIAS!
THANK YOU!**



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**LET'S KEEP GROWING
TOGETHER!**