



ARBOUR COUNSELING SERVICES

Haverhill

Adolescent Partial Hospitalization Program (PHP)

Arbour Counseling Services
Haverhill

OPENING THIS FALL!

October 1st, 2025

116 Summer Street Haverhill, MA 01830

What We Offer

- Evidence-based therapeutic groups tailored for adolescents
- Individual case management with family involvement
- Psychiatric evaluation & medication management
- Academic support and coordination with schools
- Collaborative treatment planning with families and providers



Program Details

- Hours: Monday - Friday | 8:30 AM - 2:30 PM
- Ages: 14-17 (case-by-case consideration for 18 if still in high school)



REFERRAL CALL: (339) 645-9744

Accepting MassHealth and most major insurances | Referrals: arbourcounselingreferral@uhsinc.com

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HAVERHILL PHP IS WHERE ADOLESCENTS
FIND SAFETY, CONNECTION, AND A PATH
FORWARD.

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SCAN ME



DID YOU KNOW?



Our Mission

To create a healing space where creativity meets clinical care. We help individuals process emotions, build community, and develop tools for resilience, self-awareness, and long-term well-being.

About the Program

Haverhill PHP provides intensive, structured day treatment for adolescents who need extra support in their mental health journey. Our program offers a safe, therapeutic environment where teens can stabilize, build coping skills, and prepare to transition successfully back to home, school, and community life.