



ARBOUR COUNSELING SERVICES

Haverhill

Adolescent Partial Hospitalization Program (PHP)

Arbour Counseling Services
Haverhill

OPENING THIS FALL!

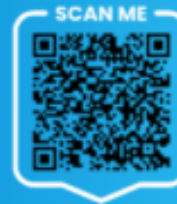
October 1st, 2025

116 Summer Street Haverhill, MA 01830

“

Haverhill PHP is where adolescents find safety, connection, and a path forward.

”



DID YOU KNOW?



Our Mission

To create a healing space where creativity meets clinical care. We help individuals process emotions, build community, and develop tools for resilience, self-awareness, and long-term well-being.

What We Offer

- ✓ Evidence-based therapeutic groups tailored for adolescents
- ✓ Individual case management with family involvement
- ✓ Psychiatric evaluation & medication management
- ✓ Academic support and coordination with schools
- ✓ Collaborative treatment planning with families and providers

About the Program

Haverhill PHP provides intensive, structured day treatment for adolescents who need extra support in their mental health journey. Our program offers a safe, therapeutic environment where teens can stabilize, build coping skills, and prepare to transition successfully back to home, school, and community life.



Program Details

- Hours: Monday - Friday | 8:30 AM - 2:30 PM
- Ages: 14-17 (case-by-case consideration for 18 if still in high school)



REFERRAL CALL: (339) 645-9744

Accepting MassHealth and most major insurances | Referrals: arbourcounselingreferral@uhsinc.com

www.arbourhealth.com