

GROUPS FOR CAREGIVERS OF CHILDREN WITH MENTAL HEALTH CHALLENGES 2025-2026

	DAY	TIME	PLACE
Nurturing Fathers – Requires pre-registration - SPANISH	Mondays	6:00-8:00pm	Virtual with In-Person Graduation
Nurturing Fathers Requires pre-registration	Mondays	1:00-3:00pm	Virtual with In-Person Graduation
Caregivers of Children (ages 15-25)	Mondays	5:00-6:30pm	Virtual & Meets In-Person Quarterly
Caregivers of Children (all ages)	Mondays	11:00am-12:30pm	Virtual & Meets In-Person Quarterly
Caregivers Navigating Special Education & IEPs	Tuesdays	9:30-11:00am	Virtual & Meets In-Person Quarterly
Caregivers of Children (all ages)	Tuesdays	5:00-6:30pm	Virtual & Meets In-Person Quarterly
Nurturing Fathers Part II - Marriage & Parenting Prerequisite : Nurturing Fathers I	Wednesdays	6:00-8:00pm	Virtual with In-Person Graduation
Caregivers of Children (ages 15-25)	Wednesdays	5:00-6:30pm	Virtual & Meets In-Person Quarterly
Caregivers of Adopted and Foster Children	Wednesdays	4:00-5:30pm	Virtual & Meets In-Person Quarterly
Caregivers of Children (all ages) - SPANISH	Thursdays	9:30-11:00am	Virtual & Meets In-Person Quarterly
Caregivers of Children (all ages)	Thursdays	11:30am-1:00pm	Virtual & Meets In-Person Quarterly
Caregivers Raising a Child with ADHD	Thursdays	6:00-7:30pm	Virtual & Meets In-Person Quarterly
Nurturing Fathers Requires pre-registration	Thursdays	6:00-8:00pm	Virtual with In-Person Graduation

Groups are facilitated by professional staff that have lived experience raising a child with mental health challenges.

For more information or to join a group, email us or call us