



Thrive Club: Empowering Multilingual and Immigrant Students



-There are up to 25 students that have joined including both 7th and 8th grade ML 1s, 2s and 3s (including ML student from sub separate program). Students speak Spanish, Haitian Creole and English.

-Staff is Bilingual in English and Spanish

Thrive Club



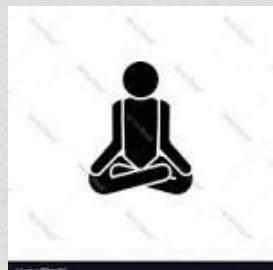
- **Builds Leadership & Confidence**

Empowers students to develop leadership skills, self-assurance, and a strong sense of belonging.



- **Elevates Student Voice**

Sessions focus on topics students care about, with encouragement to speak in their native language.



- **Teaches Coping Skills**

Promotes mental health, emotional regulation, and resilience.



- **Prepares for High School**

Supports students in bridging academic and social gaps for a smoother transition.



- **Connects Families to Resources**

Links students and families to community supports while honoring cultural identities.

H Benefits

Identified students in crisis:

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The program is led by bilingual staff who are equipped to recognize students in crisis. In the very first session, 28% of participating students were identified as needing immediate support, resulting in risk assessments and referrals to services such as Cartwheel Care and Community Service Agencies.

Improvements in Social/emotional well being: One Thrive Club member previously identified as having significant social, emotional, and academic concerns—has recently shown noticeable improvement in her social-emotional well-being. Teachers are hopeful that as her emotional health continues to stabilize, her academic progress will follow.





Student Impact

- 79% of students stated that the club has helped them with high school and career preparedness.
- 29% stated that the club has taught them coping skills to help decrease anxiety.
- 29% stated that the club has helped them build friendships.
- 92.86% stated they would join again next year.





Student Quotes: How has the Thrive Club helped you/and or what was the best part so far?



- “The best part is that the teachers listen to us and are able to give us advice.”

- “It has helped me understand a lot of things I couldn’t understand before. “
- “It’s a place where we can de-stress and a place where we can talk, I like it a lot.”
- “I think this was a great idea because this club helps people that have problems and it can help with anxiety and many other things.”
- “It’s really great because it teaches us things about high school.”
- “For me the best part was the day we practiced mindfulness.”
- “The food”



Next year 2025-2026

- The hope is to expand to grades 5-8 pending funding.
- We would like to offer the club to more students.
- Deepen our partnership with families by addressing the cultural stigma that can surround mental health.
- We plan to gather input from families and community members on the types of services they find most valuable, and offer mini parent workshops that align with the themes and goals of the Thrive Club.

