

2025 DMH Northeast Parent & Caregiver Support Groups

Coming in 2025!:
-Nurturing Fathers 12 Week Series in both Spanish & English
-Open Support Group in Spanish

| | | | | |
|---|---|---------------|---------|------------------------------|
| Grandparents Raising Grandchildren | Mondays | 10:00-11:00am | Virtual | gerriecahill@nafi.com |
| Parents & Caregivers of Transition Aged Youth (16-25) | Mondays | 5:00-6:30pm | Virtual | nick_cote@waysideyouth.org |
| Parents & Caregivers Open Support Group | Tuesdays | 10:00-11:30am | Virtual | gerriecahill@nafi.com |
| Parent & Caregivers Open Support Group | Tuesdays | 5:00-6:30pm | Virtual | nick_cote@waysideyouth.org |
| Parent & Caregivers Navigating Special Education Support Group | Tuesdays | 9:30-11:00am | Virtual | carol_silva@waysideyouth.org |
| Parents & Caregivers Open Support Group | Tuesdays | 6:00-7:30pm | Virtual | nick_cote@waysideyouth.org |
| Parents & Caregivers Adoption Support Group | Wednesdays | 4:00-5:00pm | Virtual | gerriecahill@nafi.com |
| Parents & Caregivers of Adolescents | Wednesdays | 6:30-8:00pm | Virtual | gerriecahill@nafi.com |
| Parents & Caregivers Open Support Group | Thursdays | 9:30-11:00am | Virtual | nick_cote@waysideyouth.org |
| Parents & Caregivers of Children, Adolescents, & Young Adults with ADHD | Thursdays | 6:00-7:30pm | Virtual | carol_silva@waysideyouth.org |
| Fathers Support Group | 1 st & 3 rd Thursdays | 6:00-7:30pm | Virtual | nick_cote@waysideyouth.org |



**Email facilitator above or
parentsupport@waysideyouth.org
 with questions or for Zoom link**