



iDECIDE



IHR
INSTITUTE FOR
HEALTH & RECOVERY

Drug Education Curriculum: Intervention, Diversion, & Empowerment

About

iDECIDE, promotes education and empowerment, instead of punishment, as an equitable response to adolescent substance use. Providing youth with science-based knowledge and skills, iDECIDE challenges young people to make decisions that align with their core values and future goals to support their own personal well-being.



Partners

iDECIDE was designed in collaboration between Massachusetts General Hospital, the Massachusetts Department of Public Health, and the Institute for Health and Recovery. iDECIDE is available to over 350 middle and high schools as well as community agencies across Massachusetts.



Content

iDECIDE can be used to support students using alcohol or any other drug. The curriculum includes 4 core modules that cover topics such as teen brain development, neurobiology of addiction, drug effects, industry tactics, risk and protective factors, motives for use, triggers and healthy alternatives, core values, wellness, and long term goal setting. Content for parents is currently under development.



iDECIDEmyfuture.org



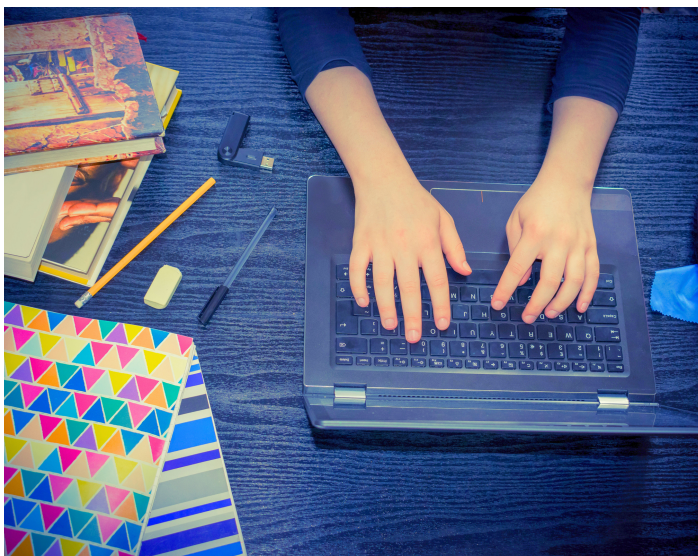
Structure

- Can be administered one-on-one or in a group format
- Includes videos, guided discussions, worksheets, knowledge checks, and on-your-own assignments
- ADA accessible
- Available in multiple languages



Contact Us

Reach out to our team via email at iDECIDE@mgh.harvard.edu or our direct line at 617-643-1771.



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Website: www.iDECIDEmyfuture.org

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