## NFI Parenting Together presents

Learn the framework that supports caregivers in recognizing, understanding and accepting/managing their own emotional responses.

## A.R.C

**Attachment. Regulation. Competency** 

When: Beginning 9/1 and continues

every Monday in September

*Time:* 6:00 pm to 7:30 pm

**Location.** ZOOM

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Join through QR code



