

Haverhill High School Athletics Highlights Fall/Winter 2022-2023

On January 11, ten student-athletes and the athletic director represented Haverhill at the inaugural MVC Sportsmanship Summit held at the Tsongas Arena in Lowell. Our students interacted with representatives from the other 10 MVC schools. They heard speakers that focused on Diversity, Equity, & Inclusion, Community Service, and Mental Health & Anxiety.

On December 19-20, Haverhill coaches took part in two full days of training by the Northeastern University Center for Sport & Society, led by Lisa Markanen. She is an associate athletic director at Northeastern University. Some areas covered in the training included violence prevention, toxic speech prevention, and racial justice. A similar two-day training will be held on March 1-2 for student-athletes representing each of our sports.

On February 7, Kaleb Joseph gave a presentation for all winter sport student-athletes. Kaleb is the founder of the self-help tour. His message centered around mental health and anxiety and how it can impact the lives of student-athletes.

On December 5, Jeff Lopes, from Northeastern University's Center for Sport & Society, spoke to student athletes. I attended his presentation. His message centered around students speaking up and intervening when they see something. He also spoke about how certain language among friends could be offensive to other students.

630 participants in fall and winter sport seasons (not including spring).

Fall 2022

30 student-athletes earned All-Conference honors

Girls' Volleyball

- MVC Regular Season Champions 13-4 record
- Won Silver Hall of Fame Tournament
- Advanced to Round of 16 in MIAA Tournament
- Vin Pettis named MVC Coach of the Year

Girls Swim & Dive

- Team finished fifth at MIAA State Championship
- Kailyn Aquino MIAA Sectional Champ and State Runner-up in one meter dive
- Molly Jordan and Makenzie Hills Grove finished 2nd and 3rd at MIAA State Finals
- 200-yard medley relay placed third at MIAA State Championship

Cheer

- MVC Champions
- Finished runner-up in state finals

Golf

- Runner-up in MVC with a 10-1-3 record
- Placed 5th at state sectionals
- Matt Murphy finished third at MVC Championship
- Over the past three years, team went 34-3-3 with two MVC titles

Crew

- Boys novice 8 won a bronze medal at the MPSRA Fall Championship
- 99% of eligible athletes rowed in races, the most since the start of the program

Unified Basketball

- Special education students and partners participated in Unified Basketball.

Winter 2022-23 *(Still in Progress)*

Boys Swimming

- Won 2023 MVC Championship
- Undefeated Regular Season
- First conference title for the program in 40 years

Wrestling

- Ranked third in All State Tournament rankings
- Placed second out of 86 teams at prestigious Bossi Tournament in Lowell
- Brent Nicolosi eclipsed 100 career wins
- Coach Tim Lawlor eclipsed 100 career wins

Indoor Track

- Natanael Vigo Catala won 300 meter at Northeast and MSTCA Invitationals
- Catala eclipsed a 27-year-old school record
- Eight girls and five boys qualified for state championship
- Three girls and one boy have qualified for the New Balance National Meet

Girls Hockey

- Currently ranked No. 5 in the state with a 10-4-1 record

Boys Hockey

- Off to the best start in 16 years
- Won Haverhill Christmas Tournament for second straight year
- In contention to win first conference title in 17 years.

On behalf of the entire School Committee, thank you to our coaches, staff, and parents who support our student athletes.