

Community Action, Inc.

3 Washington Square, Haverhill, Mass. 01830 2020 PROGRAMS AND SERVICES Opening Doors to Economic Opportunity

Community Action, Inc. (CAI) is a private non-profit organization established in 1965 to address the causes and consequences of poverty through education, training, advocacy, prevention and services to meet basic human needs. Community Action, Inc.'s service area includes: Amesbury, Boxford, Georgetown, Groveland, Haverhill, Merrimac, Newbury, Newburyport, Rowley, Salisbury and West Newbury.

Community Services

CAI's Community Services helps low-income people secure basic resources – among them shelter, food, clothing, income and medical care. Programs include:

CAI's **Drop-In Center** is located in the basement of the Universalist Unitarian Church in Haverhill and is open from 8 a.m. to 12 noon, Monday through Friday. A light breakfast is provided daily, a bag lunch on Mondays and a hot breakfast on Thursdays. The Center offers a safe haven, providing year round day shelter, referrals and assistance such as food, clothing, and medical counseling. *Drop-In Center*, 16 Ashland Street, Haverhill: 978-521-4350

CAI's **Amesbury Food Pantry and Clothing Bank** distributes food and clothing to low income families and provides housing services at the CAI Amesbury Center. The pantry and clothing bank are open Monday and Tuesday 9 a.m. to 3:30 p.m. and Thursday 11 a.m. to 6 p.m. *Amesbury Center, 44 Friend Street, Amesbury:* 978-388-2570

Emergency Services assists tenants with advocacy and information regarding rights and responsibilities. Housing Services administers the Emergency Food and Shelter Program (EFSP) and other programs to help residents with rent and utility issues. Residential Assistance for Families in Transition (RAFT) provides short-term financial assistance to families who are homeless or at risk of homelessness. Eligible uses include moving cost assistance, rent and utility arrears, rental stipends or utility bills. 3 Washington Sq., Haverhill: 978-373-1971; 44 Friend St., Amesbury: 978-388-2570

Early Learning and Childcare

CAI's **Head Start and Early Head Start** is a comprehensive, full and part day, child-focused program for infants, toddlers, pre-school aged children, pregnant mothers and their families. A family advocate works in partnership with parents and teachers to ensure that children are ready for kindergarten. Transportation is available. Meals and snacks are provided. Eligibility is based on income guidelines.

Head Start/Fox Center, 75 Elm Street, Haverhill: 978-372-5052 Early Head Start/Goldman Center, 230 Hilldale Ave., Haverhill: 978-373-6266 Head Start/Seacoast Center, 447 Merrimac Street, Newburyport: 978-499-8357

CAI's **Family Day Care Program** (FDC) is a network of licensed family day care homes. FDC provides comprehensive child care for children ages 6 weeks to 12 years and their families. FDC also offers support and educational opportunities for child care educators. Eligibility is based on income guidelines and referrals. Family Day Care Program/Fox Center, Haverhill: 978-373-1971

CAI's **Family and Community Connection** organizes free playgroups, family activities and off-site programming, parent and provider workshops, assistance with referrals and parenting resources. *Family and Community Connection*, 346 Broadway, Haverhill: 978-914-7893

Nutrition and Wellness

CAI's **Northern Essex Women, Infants & Children (WIC)** Program provides free breast feeding education, nutrition programming, health education and counseling for pregnant and post-partum women and their children ages newborn to 5. WIC also serves Greater Beverly and Gloucester. Eligibility is based on income guidelines and nutritional assessment.

WIC/3 Washington Square, Haverhill: 978-374-2191 or 1-800-332-9004

WIC/4 Ocean Street, Beverly: 978-922-2110

WIC/302 Washington Street, #1, Gloucester: 978-281-4540

Adult Education, Workforce Training and Job Readiness

CAI's High School Equivalency Test (HiSET) Preparation and English for Speakers of Other Languages (ESOL) Classes offers free classes to students of all levels from early literacy to HiSET preparation. 3 Washington Square, 3rd Floor, Haverhill: (978) 373-1971 ext. 216.

Budget Buddies financial literacy program pairs women participants with personal financial coaches and teaches core money-management skills to help them become economically self-sufficient. (978) 373-1971 ext. 292.

CAI offers three workforce training programs: (978) 373-1971 ext. 231.

- Child Development Associate (CDA) is a national credential that is "the best first step" in professional qualifications in the early childhood field. Applicants for the CDA are required to complete 120 training hours and 480 classroom hours prior to taking the exam.
- Commercial Driver's License (CDL) Class B with Air Brakes Endorsement course. In partnership with NETTTS, CAI's CDL Training course includes 20 hours of permit preparation classes and 40 hours of behind-the-wheel training. Additional 40 hours of training to receive Passenger (P) and School Bus endorsements (S) is available.
- Advanced Manufacturing Training program (AMPP) trains participants in advanced
 manufacturing offering no-cost Precision Machine Training. All participants must have the goal of
 obtaining full-time employment and be able to attend the program through completion.

Heating and Fuel Assistance

CAI's **Low Income Home Energy Assistance Program** (Fuel Assistance) helps income eligible households with heating energy subsidies between November 1 and April 30. 3 *Washington Square, Haverhill:* 978-373-1971

CAI's **Heating System Assistance** (HEARTWAP) provides assistance with heating system repairs and or replacement for eligible households. The program serves as an emergency intervention service to provide assistance to eligible households with faulty heating systems and operates year round. *Haverhill:* 978-373-1971 ext. 234

First Time Home Buyer Education

CAI's First Time Home Buyer (FTHB) Program offers a 9-hour home buyer education class for first time home buyers or those who want to learn how to purchase a home. Participants receive comprehensive information from housing experts including bankers, real estate brokers, closing attorneys, home inspectors and credit counselors. Participants also learn about and qualify for down payment assistance and reduced interest loans. A Massachusetts Homeownership Collaborative approved certificate is awarded upon completion. *FTHB* 978-373-1971 or 978-317-8998.