

Motivating Youth Recovery

MYR is a program of Community Healthlink's Youth and Family Services, funded in part by the Mass. Department of Public Health's (DPH's) Bureau of Substance Abuse Services (BSAS). The services at MYR may be paid for by private health insurance companies or by MassHealth.

Clients are responsible for co-pays and deductibles of their insurance. If a client does not have insurance, a sliding scale fee is available based on income. In some cases, BSAS provides support for individuals who are unable to pay for services.



UMass Memorial Community Healthlink

Community Healthlink, a member of UMass Memorial Health Care, is a multi-service, private, nonprofit organization committed to promoting, maintaining and restoring the well-being and mental health of individuals and families in Central Massachusetts. Community Healthlink is proud to be the clinical partner of the University of Massachusetts Medical School.

The *Motivating Youth Recovery*

program serves adolescents throughout Massachusetts. MYR is easily accessed less than one mile from downtown Worcester and Interstate 290, it can be reached via the Massachusetts Turnpike, Interstates 495 and 190, and Routes 2 and 146.



Motivating Youth Recovery

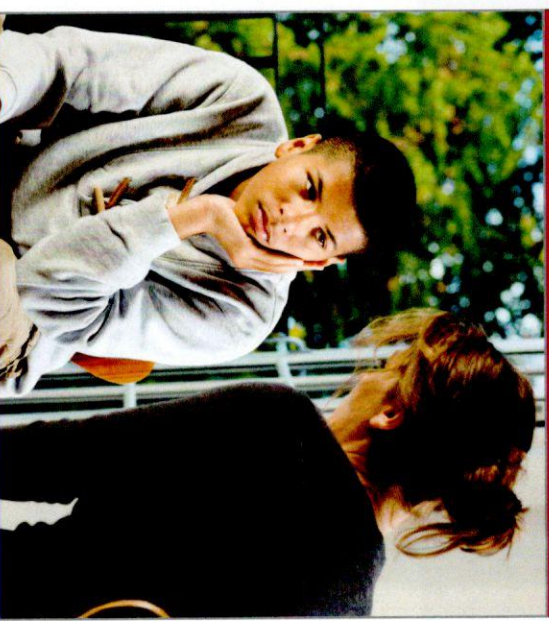
(MYR Unit)
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www.communityhealthlink.org

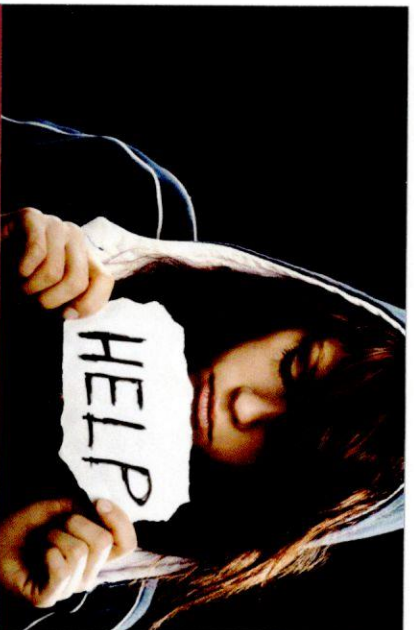
Motivating Youth Recovery



M.Y.R.

*A detoxification and
stabilization program for
youth whose lives have been
disrupted by substance abuse.*

A program of
 UMass Memorial
Community Healthlink



Who Do We Serve?

- Adolescents 13-18 living in Massachusetts with a substance-related disorder.
- An adolescent who is currently under the influence of substances, and is unable to control his/her use.
- An adolescent who is experiencing withdrawal symptoms that require medical monitoring.
- An adolescent who experiences difficulties with family, school, work, and/or the courts as a result of his/her substance use.
- An adolescent who has tried repeatedly to stop using substances but is unable to do so independently.
- An adolescent who may be experiencing depression, anxiety or other symptoms in addition to a primary concern of drug or alcohol use.

What Do We Do?

MYR is an in-patient program, and length of stay is determined by individual need. MYR provides adolescents with:

Milieu Environment

A safe environment that will help the adolescent to identify and work toward their treatment and recovery goals. Clients participate in a daily schedule of treatment activities while in the program, including groups and individual sessions.

Assessment

Within 72 hours of admission, the adolescent will receive a comprehensive assessment from a multidisciplinary treatment team comprised of psychiatrists, master's level clinicians, registered nurses and counselors.

Medical Monitoring

Intensive medical monitoring during detoxification and continued care throughout the stabilization process.

Treatment Planning

The multidisciplinary treatment plan will address specific areas of intervention that include medical, psychological, family, social, educational and legal services with attainable goals that stabilize the adolescent.

Individual, Group, and Family Services

Treatment will be individually tailored to meet the immediate needs of the adolescent and his/her family.

Aftercare Coordination

Discharge and aftercare planning begins upon admission to the unit. Aftercare planning engages the family as the critical link to community based service providers and supports.

Who We Are

The Motivating Youth Recovery (MYR) program is staffed by a team of professionals who have experience working with youth who have co-occurring disorders.

The unit staff includes:

- Medical Director
- Psychiatrists
- Master's Level Clinicians
- Registered Nurses
- Operations Manager
- Counselors
- Case Managers



To Make a Referral:

Contact your insurer by calling the 800 number on the back of your insurance card or contact MYR at:

Telephone: 508-860-1244

Fax: 508-860-1245