



**Community Action, Inc.**  
**3 Washington Square, Haverhill, Mass. 01830**  
**2018 PROGRAMS AND SERVICES**  
***Opening Doors to Economic Opportunity***

**Community Action, Inc. (CAI)** is a private non-profit organization established in 1965 to address the causes and consequences of poverty through education, training, advocacy, prevention and services to meet basic human needs. Community Action, Inc.'s service area includes: **Amesbury, Boxford, Georgetown, Groveland, Haverhill, Merrimac, Newbury, Newburyport, Rowley, Salisbury and West Newbury.**

### **Community Services**

CAI's Community Services helps low income people secure basic resources – among them shelter, food, clothing, income and medical care. Programs include:

CAI's **Drop-In Center** is located in the basement of the Universalist Unitarian Church in Haverhill and is open from 8 am to 12 noon, Monday through Friday. A light breakfast is provided daily, a bag lunch on Mondays and a hot breakfast on Thursdays. The Center offers a safe haven, providing year round day shelter, referrals and assistance such as food, clothing, and medical counseling. *Drop-In Center, 16 Ashland Street, Haverhill: 978-521-4350*

CAI's **Amesbury Food Pantry and Clothing Bank** distributes food and clothing to low income families and provides housing services at the CAI Amesbury Center. The pantry and clothing bank are open Monday and Tuesday 9 to 3:30 and Thursday 11 to 6. *Amesbury Center, 44 Friend Street, Amesbury: 978-388-2570*

**Emergency Services** assists tenants with advocacy and information regarding rights and responsibilities. Housing Services administers the Emergency Food and Shelter Program (EFSP) and other programs to help residents with rent and utility issues. *3 Washington Sq., Haverhill: 978-373-1971; 44 Friend St., Amesbury: 978-388-2570*

### **Early Learning and Childcare**

CAI's **Head Start and Early Head Start** is a comprehensive, full and part day, child-focused program for infants, toddlers, pre-school aged children, pregnant mothers and their families. A family advocate works in partnership with parents and teachers to ensure that children are ready for kindergarten. Transportation is available. Meals and snacks are provided. Eligibility is based on income guidelines.

*Head Start/Fox Center, 75 Elm Street, Haverhill: 978-372-5052*

*Early Head Start/Goldman Center, 230 Hilldale Ave., Haverhill: 978-373-6266*

*Head Start/Seacoast Center, 447 Merrimac Street, Newburyport: 978-499-8357*

CAI's **Family Day Care Program (FDC)** is a network of licensed family day care homes. FDC provides comprehensive child care for children ages 6 weeks to 12 years and their families. FDC also offers support and educational opportunities for child care educators. Eligibility is based on income guidelines and referrals. *Family Day Care Program/Fox Center, Haverhill 978-373-1971*

CAI's **Family and Community Connection** organizes free playgroups, family activities and off-site programming, parent and provider workshops, assistance with referrals and parenting resources. *Family and Community Connection, 346 Broadway, Haverhill: 978-914-7893*

## Nutrition and Wellness

CAI's **Northern Essex Women, Infants & Children (WIC)** Program provides free breast feeding education, nutrition programming, health education and counseling for pregnant and post-partum women and their children ages newborn to 5. WIC also serves Greater Beverly and Gloucester. Eligibility is based on income guidelines and nutritional assessment.

*WIC/3 Washington Square, Haverhill : 978-374-2191 or 1-800-332-9004*

*WIC/4 Ocean Street, Beverly: 978-922-2110*

*WIC/302 Washington Street, #1, Gloucester: 978-281-4540*

## Education and Workforce Development

CAI's **High School Equivalency Test (HiSET) Preparation and English for Speakers of Other Languages (ESOL ) Classes** offers free classes to students of all levels from early literacy to HiSET preparation. 3

*Washington Sq., Haverhill: 978-373-1971*

## Heating and Fuel Assistance

CAI's **Low Income Home Energy Assistance Program** (Fuel Assistance) helps income eligible households with heating energy subsidies between November 1 and April 30. 3 *Washington Square, Haverhill 978-373-1971*

CAI's **Heating System Assistance** (HEARTWAP) provides assistance with heating system repairs and or replacement for eligible households. The program serves as an emergency intervention service to provide assistance to eligible households with faulty heating systems and operates year round. *978-373-1971 ext. 234*

## Consumer Services

CAI's **Consumer Protection (CP)** investigates and resolves consumer related complaints. CP also educates consumers as to their rights through workshops, seminars and inquiries. No income eligibility requirements. *CP: 978-373-1971*

CAI's **North Essex Mediators** provides consumers a forum for resolving business, commercial , landlord and neighborhood disputes. The mediation program is open to all residents and businesses in northern Essex County. Mediations are also conducted in Lawrence, Haverhill, Newburyport and Ipswich Courts. *Mediators: 978-373-1971*

## First Time Home Buyer Education

CAI's **First Time Home Buyer (FTHB)** Program offers a 9 hour home buyer education class for first time home buyers or those who want to learn how to purchase a home. Participants receive comprehensive information from housing experts including bankers, real estate brokers, closing attorneys, home inspectors and credit counselors. Participants also learn about and qualify for down payment assistance and reduced interest loans. A Massachusetts Homeownership Collaborative approved certificate is awarded upon completion. *FTHB 978-373-1971 or 978-317-8998.*

**For additional information about Community Action services and programs please visit:**  
[www.communityactioninc.org](http://www.communityactioninc.org)