# The Harvard Pilgrim Primary Choice HMO

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

Coverage Period: 07/01/2017 — 06/30/2018

Coverage for: Individual + Family | Plan Type: HMO



The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, <u>www.harvardpilgrim.org</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.harvardpilgrim.org/fhcr</u> or call 1-888-333-4742 to request a copy.

Important Questions	Answers	Why this matters
What is the overall deductible?	\$500 member / \$1,000 family	Generally you must pay all the costs up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> , <u>provider</u> office visits, prescription drugs, imaging, outpatient surgery, <u>emergency room care</u> , <u>emergency medical transportation</u> , inpatient hospital stays, mental health, <u>rehabilitation services</u> , and <u>habilitation services</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But, a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	Yes. <b>Prescription Drug Deductible:</b> \$100 member / \$200 family There are no other specific <u>deductibles</u> .	You don't have to meet <u>deductibles</u> for specific services
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$5,000 member / \$10,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year of covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until family <u>out-of-pocket limit</u> has been met.

Important Questions	Answers	Why this matters
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a network provider?	Yes. See www.providerlookuponline.com/harvardpilgrim/po7/Search.aspx or call 1-888-333-4742 for a list of preferred providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance-billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes, some exceptions apply.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



Copayments and coinsurance cost shown in this chart are both before and after your deductible has been met, if a deductible applies.

		What You		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20 <u>copay</u> / visit; <u>deductible</u> does not apply.	Not covered	None
	<u>Specialist</u> visit	Level 1: \$30 copay/ visit Level 2: \$60 copay/ visit Deductible does not apply.	Not covered	None
	Preventive care/screening/ immunization	No charge; deductible does not apply.	Not covered	None

		What You			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you have a test	Diagnostic test (x-ray, blood work)	No charge Not covered		None	
	Imaging (CT/PET scans, MRIs)	\$100 copay/ scan Not covered		Participating Providers limited to a maximum of one copay/Member/day.	
If you need drugs to treat your illness or condition More information	Generic drugs	<b>30-Day Retail Tier 1:</b> \$10 <b>90-Day Mail Tier 1:</b> \$25	Value formulary - covers a limited list; not all drugs are covered.		
about prescription drug coverage is available at	Preferred brand drugs	<b>30-Day Retail Tier 2:</b> \$30 <b>90-Day Mail Tier 2:</b> \$75	Some generic drugs are in this tier.		
www.harvardpilgrim.org/2017Value3T.	Non-preferred brand drugs	<b>30-Day Retail Tier 3:</b> \$65 <b>90-Day Mail Tier 3:</b> \$165	Same as above.		
	Specialty drugs	All drugs are covered in R Order Pharmacy Tiers 1 -	Must be obtained through a Specialty Pharmacy.		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$250 copay/ visit	Not covered	Up to four Surgical Day Care Copays/ member/ year.	
	Physician/surgeon fees	No charge	Not covered	None	
If you need immediate medical attention	Emergency room care	\$100 copay/ visit	Same As Participating  Provider	None	
	Emergency medical transportation	No charge Same As Participating Provider		None	
	Urgent care	Convenience care clinic: \$10 copay / visit Urgent care clinic (including hospital urgent care clinic): \$20 copay / visit  Deductible does not apply.  Convenience care clinic: \$10 copay / visit Urgent care clinic (including hospital urgent care clinic): \$20 copay / visit  Deductible does not apply.		None	

		What You		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have a hospital stay	Facility fee (e.g., hospital room)	Tier 1: \$275 copay/ admit Tier 2: \$500 copay/ admit	Not covered	Up to one Medical or Mental Health & Substance Abuse Hospital Inpatient <u>Copay</u> / Member each Quarter.
	Physician/surgeon fee	No charge	Not covered	None
If you have mental health, behavioral health, or substance	Outpatient services	\$20 <u>copay</u> / visit; <u>deductible</u> does not apply.	Not covered	None
abuse needs	Inpatient services	\$275 <u>copay</u> / admit; <u>deductible</u> does not apply.	Not covered	Up to one Medical or Mental Health & Substance Abuse Hospital Inpatient <u>Copay</u> / Member each Quarter.
If you are pregnant	Office visits	\$20 <u>copay</u> / visit; <u>deductible</u> does not apply	Not covered	Cost sharing does not apply for preventive services. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)
	Childbirth/delivery professional services	No charge	Not covered	Cost sharing does not apply for preventive services. Maternity
	Childbirth/delivery facility services	Tier 1: \$275 copay/admit Tier 2: \$500 copay/admit	Not covered	care may include tests and services described elsewhere in the SBC (i.e. ultrasound.)  Up to one Medical or Mental Health & Substance Abuse Hospital Inpatient Copay/ Member each Quarter.

		What You		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need help	Home health care	No charge	Not covered	None
recovering or have other special health needs	Rehabilitation services	Physical & Occupational Therapy: \$20 copay/visit Speech Therapy: No charge Deductible does not apply.	Not covered	Physical & Occupational Therapy – 90 consecutive days/ illness or injury
	Habilitation services	Physical & Occupational Therapy: \$20 copay/visit Speech Therapy: No charge Deductible does not apply.	Not covered	
	Skilled nursing care	20% coinsurance	Not covered	– 45 days/ year
	Durable medical equipment	No charge	Not covered	None
	Hospice services	No charge	Not covered	For inpatient services, see "If you have a hospital stay".

			What You Will Pay				
Common Medical Event			Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		Limitations, Exceptions, & Other Important Information	
If your child needs dental or eye care			Optometrist: \$20 copay/ visit Ophthalmologists: Level 1: \$30 copay/ visit Level 2: \$60 copay/ visit  Deductible does not apply.	Not covered		– 1 exam every 24 months	
	Children's glasses		Not covered	•		None	
	Children's dental check-up		Not covered		None		
Excluded Services & Oth	er Covered Services:						
Services Your Plan General services.)	ally Does NOT Cover (C	Check your	policy or <u>plan</u> document f	for more in	formation and	a list of any other <u>excluded</u>	
<ul> <li>Long-Term (Custodial) Care</li> <li>Most Cosmetic Surgery</li> <li>Non-emother U.S.</li> </ul>		<ul> <li>Routine foot care</li> <li>Services that are not Medically Note that the services the services that the services the services that the</li></ul>		are not Medically Necessary			
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)					n document.)		
Bariatric surgery     Chiropractic Care - 20 vi	hiropractic Care - 20 visits/ year months		Aids - \$2,000/ hearing aid evinpaired ear up to age 22 Aids - up to \$1,700 every 2 yo older	reproductive technology/ lifetime		technology/lifetime	

## **Your Rights to Continue Coverage:**

There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

## **Your Grievance and Appeals Rights:**

There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

HPHC Member Appeals-Member Services Department Harvard Pilgrim Health Care, Inc. 1600 Crown Colony Drive Quincy, MA 02169

Telephone: 1-888-333-4742

Fax: 1-617-509-3085

Department of Labor's Employee Benefits Security Administration 1-866-444-3272

www.dol.gov/ebsa/healthreform

Health Care for All 30 Winter Street, Suite 1004

Boston, MA 02108 1-800-272-4232

1-000-2/2-4232

http://www.hcfama.org/helpline

### Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

### Does this Coverage Meet the Minimum Value Standard? Yes

If your **plan** doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium</u> tax credit to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

## **Language Access Services:**

Para obtener asistencia en Español, llame al 1-888-333-4742.

如果需要中文的帮助, 请拨打这个号码 1-888-333-4742.

De assistência em Português, por favor ligue 1-888-333-4742.

— To see examples of how this plan might cover costs for a sample medical situation, see the next page. ————

**Managing Joe's type 2 Diabetes** 

### **About these Coverage Examples:**



Peg is Having a Baby

This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductible, copayment and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

**Mia's Simple Fracture** 

(9 months of in-network pre-natal care and a hospital delivery)		(a year of routine in-network care of a well-controlled condition)		(in-network emergency room visit and follow up care)	
■ The plan's overall \$600 deductible		The plan's overall deductible	\$600	The plan's overall deductible	\$600
■ Specialist <u>copayment</u>	\$30	■ Specialist <u>copayment</u>	\$30	■ Specialist <u>copayment</u>	\$30
■ Hospital (facility) copayment	\$275	<ul><li>Hospital (facility) <u>copayment</u></li></ul>	\$275	<ul><li>Hospital (facility) <u>copayment</u></li></ul>	\$275
■ Other <u>copayment</u>	\$0	■ Other <u>copayment</u>	\$0	■ Other <u>copayment</u>	\$0
This EXAMPLE event includ like:	es services	This EXAMPLE event inclu like:	des services	This EXAMPLE event includes services like:	
Specialist office visits (prenatal co	ire)	Primary care physician office visits (including		Emergency room care (including medical supplies)	
Childbirth/Delivery Professiona	al Services	disease education)		Diagnostic test (x-ray)	
Childbirth/Delivery Facility Ser	vices	Diagnostic tests (blood work)		Durable medical equipment (crutches)	
Diagnostic tests (ultrasounds and	blood work)	Prescription drugs		Rehabilitation services (physical therapy)	
Specialist visit (anesthesia)		Durable medical equipment (g	lucose meter)		
<b>Total Example Cost</b>	\$12,731	<b>Total Example Cost</b>	\$7,389	Total Example Cost	\$1,925
In this example, Peg would p	рау:	In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$600	<u>Deductibles</u>	\$320	<u>Deductibles</u>	\$500
Copayments	\$280	<u>Copayments</u>	\$1,620	<u>Copayments</u>	\$120
Coinsurance	\$0	Coinsurance	\$0	Coinsurance	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$0	Limits or exclusions	\$30	Limits or exclusions	\$0
The total Peg would pay is	\$880	The total Joe would pay is	\$1,970	The total Mia would pay is	\$620

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.

### Language Assistance Services

Espai'io (Spanish) ATENCI6N: Si usted habla espanol, servicios de asistencia lingi.iistica, de forma gratuita, estan a su disposición. Llame al1-888-333-4742 (TIY: 711).

Portugues (Portuguese) ATEN<;AO:Se voce tala portugues,encontram-se disponiveis servi os linguisticos gratuitos. Ligue para 1-888-333-4742 (TIY: 711).

KreyolAyisyen (French Creole) ATANSYON: Sinou pale Kreyol Ayisyen, gen asistans pou sevis kidisponib nan lang nou pou gratis. Rele **1** -888-333-4742 (TIY: 711).

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Tieng Vit (Vietnamese) CHU Y: Neu quivi n6i Tieng Vi t, dich vv thong dich cua chung toi sn sang phvc vv quivi mien phi. GQiso1-888-333-4742 (TIY: 711).

PyccKHH (Russian) BHit1MAHit1E:ECJIIII BbI roaop111re Ha pyccKOMR3b1Ke,ro saM AOcrynHbI6ecnllaTHble yCJlyrlil nepeBOAa.3aoHHTe 1 -888-333-4742 (renera n: 711).

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Franis (French) ATIENTION: Sivous parlez fran ais, des services d'aide linguistique vous sont proposes gratuitement. Appelez le 1 -888-333-4742 (ATS: 711).

Italiano (Italian) ATIENZIONE: In caso la lingua parlata si a l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-888-333-4742 (TIY: 711).

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Polski (Polish) UWAGA: Jezeli mowisz po polsku, mozesz skorzystac z bezptatnej pomocy j zykowej. Zadzwon pod numer 1-888-333-4742 (TTY: 711).

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AlTENrION: If you speak a language other than English, language assistance services, free of charge, arc available to you. Call 1-888-333-4742 (ITY: 711).



fn Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of Connecticut, Har vard Pilgrim Health Care of New England and HPHC Insurance Company.

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#### HPHC:

- Provides free aids and services to people with disablities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, other formats)
- Provides free language services to people whose primary language is not English, such as qualified interpreters.

If you need these services, contact our Civil Rights Compliance Officer.

If you believe that HPHC has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance with: Civil Rights Compliance Officer, 93 Worcester St, Wellesley, MA 02481, (866) 750-2074, TTY service: 711, Fax: (617) 509-3085, Emal: civil\_rights@harvardpilgrim.org. You can file a grievance in person or by mal, fax or emal. If uneed help fling a grievance, the Civil Rights Compliance Officer is available to help you. You can also tile a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portaiAobby.jsf, or by mail or phone at

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201 (800) 368-1019, (800) 537-7697 (TTY)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

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