



HAVERHILL HIGH SCHOOL

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Director of Athletics

Mr. Thomas E. O'Brien

**40th Annual John Ottaviani Haverhill High School Track and Field Invitational
Anthony Sapienza Memorial Track
Haverhill High School
April 15, 2017**

1. **Rules and Regulations:** Competitors will be limited to one running event, one field event, and one relay. Teams may choose the option of not entering an athlete in an individual running event but running that individual in two relays. Teams will be allowed THREE competitors in each event and one relay team in each event. We are offering three non scoring events: Freshmen Sophomore Mile, Freshmen Sophomore 200 meters, and the Freshmen Sophomore Shotput.
2. An entry of \$150 per **team** is required (\$300/school if both teams competing). Checks can be made payable to HHS Athletics. PO or check can be mailed to Tom O'Brien, Athletic Director, Haverhill High School, 137 Monument Street, Haverhill MA 01832.
3. Entries will be made on-line through Direct Athletics.
4. Entry deadline is Wednesday, April 12 at 11:59pm.
5. Haverhill High School has a 7-lane, all weather track. The jumping and pole vault runways also have an all weather surface. The shotput and discus circles are concrete, the javelin runway is grass.
6. In all field events except the high jump and pole vault, a competitor will be allowed three (3) attempts in the trials. The top 7 will be allowed three (3) additional attempts in the finals.
7. Opening height in the boys' pole vault will be **10'6"**, and increase 6". Opening height in the pole vault will be **7'6"** for girls and increase 6".
8. All timing will be done by FAT.
9. Opening height in the boys' high jump will be 5'4" and increase 2". Opening height in the girls' high jump will be 4'4" and increase 2".
10. All shotputs, discus, and javelin must be approved by meet officials.
11. Teams must bring their own relay batons and pole vault poles.

The Mission of Haverhill High School is to produce self-directed learners who read, write, and speak effectively in Standard English and who apply analytical and technological skills to interpret information and problem solve.

12. Scoring will be on a 10-8-6-4-2-1 basis. Medals will be given to all placers in the top 6 including relays and non scoring events.
13. Restrooms will be located in the Charles C. White Pool Building. There are limited locker room facilities on hand and no facilities will be available for locking valuables.
14. There is no seating around the track facility, coaches are reminded to encourage their parents and boosters to bring their own chairs to watch the meet.
15. Concessions will be provided by the Haverhill Track Boosters Club.



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Order of Events

9:30 AM Field & Non-Scoring Events:

Freshmen Sophomore Mile

Freshmen Sophomore 200 Meters

Girls Pole Vault Opening Height 7'6"

Girls High Jump opening height 4'4"

Boys Shotput followed by Leslie Dondero Memorial Girls Shotput

Girls Discus followed by Boys

James Alord Memorial Boys Javelin followed by Girls

Girls Triple Jump followed by Boys

Boys Long Jump followed by Girls

Track Events (following the non-scoring track events) *Girls followed by boys unless otherwise noted.*

4 x 800 Relay

400 Hurdles

Jeffrey Brown Memorial 100 High Hurdle Trials (7 to the final)

100 Trials (7 to the final)

Michael Walukevich Memorial Mile

Bobby O'Connel Memorial 400

800

200 (finals on time)

110 Hurdle Final

100 Hurdle Final

100 Meter Final

2 Mile

4 x 100

4 x 400