



Commonwealth of Massachusetts
Group Insurance Commission



Why choose Neighborhood?



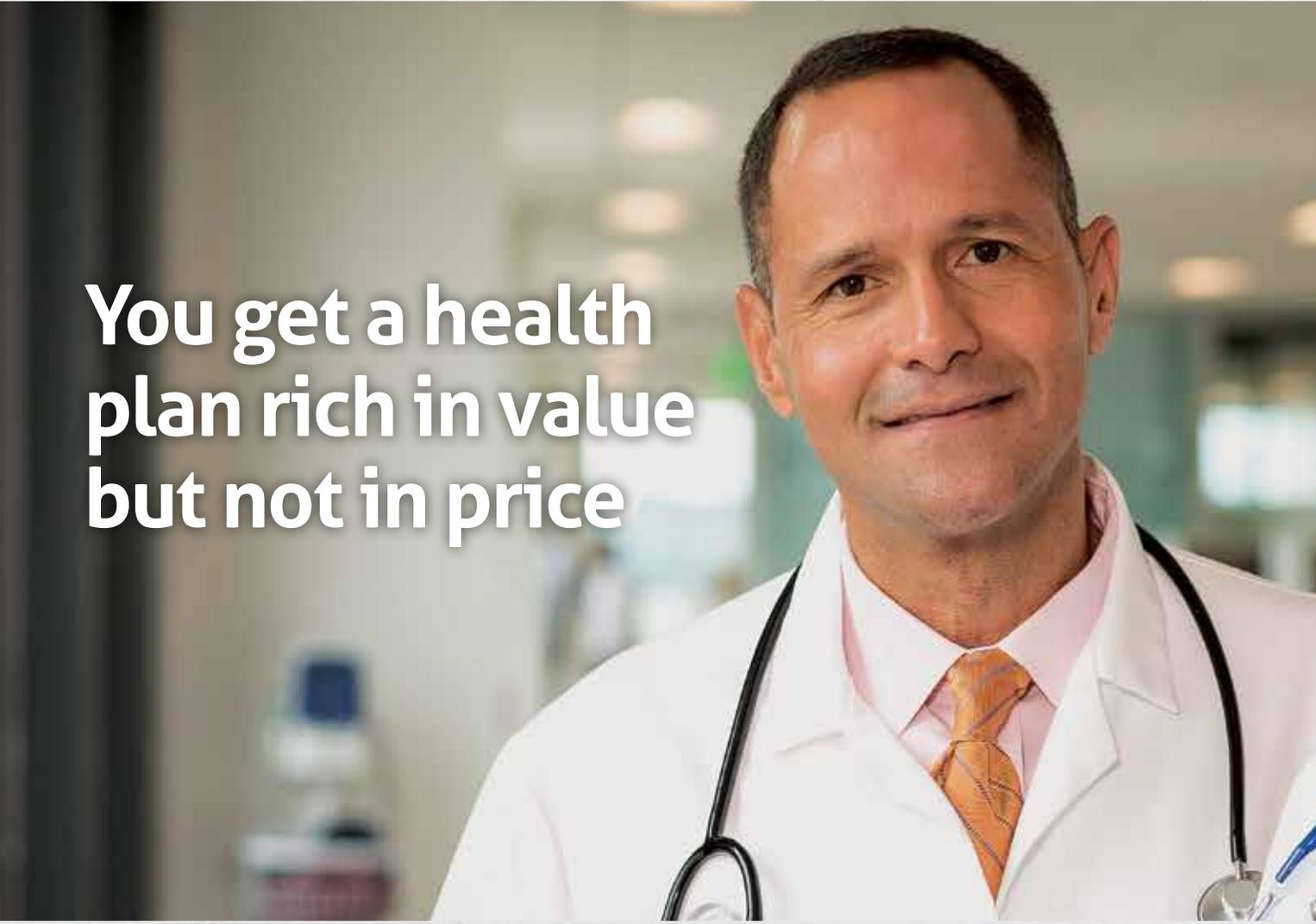
**Neighborhood
Health Plan**[™]

Neighborhood values
what you value.

A MEMBER OF

PARTNERS[®]
HEALTHCARE

nhp.org/gic



**You get a health
plan rich in value
but not in price**

With Neighborhood Health Plan, you get one of the highest-rated plans in the nation* at one of the most competitive premiums available.

We offer an exceptional value: access to world-class doctors and hospitals, personal service, and benefits and tools that deliver high-quality care when and how you want it.

A strong network of top doctors

Is your doctor with NHP? Chances are, the answer is yes. Our network consists of over 18,000 PCPs and specialists, 91 community health centers, and 74 hospital locations throughout Massachusetts. See our Find a Doctor Tool at nhp.org/gic.

World-class hospitals

All the best are here: Massachusetts General Hospital, Beth Israel Deaconess Medical Center, Dana Farber Cancer Institute, Metro West Medical Center, Lahey Hospital and Medical Center, Saint Vincent Hospital, Beth Israel Deaconess Hospital-Plymouth, and many more throughout the state.

NHP Prime™ comprehensive coverage

Your plan's benefits include medical, pharmacy, behavioral health, wellness programs, and more.

**NHP was rated 4.5 out of 5 for its HMO Plan in NCQA's Private Health Insurance Ratings 2016-2017.*



Extra benefits you'll value every day:

- Discounted eyewear at EyeMed®
- Fitness benefit up to \$150 for you and up to \$150 for a covered family member
- Reimbursement for breastfeeding classes
- Reimbursement up to \$130 for certain childbirth education classes
- Discounts or partial reimbursements on home safety products, bike helmets, and more
- Free 24/7 Nurse Advice Line
- Coming later in 2017!—24/7 audiovisual doctor visits through a new telemedicine benefit

Money-saving pharmacy benefits:

- **(OTC) over-the-counter drug benefit:** Pay nothing, or a lower cost, for many common OTC drugs and products with a prescription at participating retail pharmacies
- **Access90:** A 90-day supply of certain maintenance medications by mail order or at participating retail pharmacies
- **Big savings with the CVS ExtraCare® Health Card:** The CVS ExtraCare® Health Card gives you a 20% discount on CVS brand health-related products, including vitamins, skin care products, eye care products, and more

Easy online tools and apps help manage your plan:

- At **mynhp.org** you can view your plan's important details, pharmacy coverage, out-of-pocket costs, claims information, wellness resources, and more.
- Free online pharmacy tools and apps help you order and manage refills, find lower-cost medications, track Rx spend, get drug cost estimates, and more.
- Also... coming later in 2017! An online tool that enables members to choose better value providers for select services—and get cash rewards!—without sacrificing quality

You're in control

With NHP, members save money on copays with certain specialists in 17 different categories (like OB/GYN and cardiology) who meet the highest standards for quality and efficiency.



Centered Care sites offer members enhanced services such as care coordination with specialists, expanded hours, easy access to urgent care, helpful reminders about necessary tests, checkups, and more. Visit **nhp.org/gic** to learn more about this innovative program.

Wellness benefits let you travel your own path to a healthier you

All NHP Prime members can start a personalized wellness program—it's as easy as 1-2-3

1 Take the health and wellness assessment

Members can log in to mynhp.org to take the health and wellness assessment. It only takes about 15 minutes, and your information is confidential and secure.

2 Get a personalized report and recommendations

A personalized wellness overview includes recommendations on topics like nutrition, maintaining a healthy weight, fitness, and stress management.

3 Start a wellness program made just for you

NHP Prime members can log in to their personal online wellness center to choose from a variety of self-paced wellness offerings.

More from Neighborhood:

- Multi-week online programs on everything from exercise to quitting smoking
- Streaming videos to boost motivation
- Real-time wellness score to track progress
- Health library with thousands of topics
- A health coach to help you set and meet your wellness goals
- Free tobacco cessation program including telephone coaching
- Nicotine replacement including gum and "the patch", at no member cost, with a prescription
- Select diabetic testing supplies, at no member cost, with a prescription

To learn more about NHP and the value we offer:

Visit www.nhp.org/gic

Call us at **866-567-9175** (TTY users may dial 711).

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